

Tang Soo Do

Tang Soo Do is a blend of Korean and Chinese martial art styles, employing both kicking and striking techniques. Tang Soo Do is best described as both a hard and a soft martial art. The meaning of Tang Soo Do is often explained as “Way of the Chinese Hand”.



In 1965, the Korea Tang Soo Do Association was established in an attempt to unite the Korean Martial Arts under one name. However, the Tang Soo Do practitioners chose to remain as traditionalists rather than join the sport oriented [Tae Kwon Do](#) organization.

Origin of Tang Soo Do: Korea

Founder of Tang Soo Do: Hwang Kee

Popularised by its most famous student, Chuck Norris