

Wado Ryu

Wado Ryu was developed by Otsuka Hironori and is one of the four main styles of Japanese karate. Hironori used his knowledge of [Shotokan Karate](#), [Jujutsu](#), grappling and Tai Sabaki to form his own style. Wado Ryu does not practice many of the body toughening exercises common to other styles of karate, preferring rather to use Tai Sabaki (Body Movement) to evade attacks.

Origin of Wado Ryu: Japan

Founder of Wado Ryu: Otsuka Hironori in 1930